



WEST OF THE MOON ATA

2012
Session #3

Parents & Students,

Just a reminder, our tuition will increase slightly on 7/1 to the following...

Individual: \$80.00 / \$72.00 YMCA

Family: \$160.00 / \$144.00 YMCA

Even with the small increase, we still offer the best training for your money in the area! If you are setup for automatic payments, your draft amount will be automatically adjusted for any payments due after 7/1.

We will be selling summer t-shirts for \$15 that may be worn in lieu of your uniform top during ANY class for this session. If you preorder and pay for your shirt in advance, you pay only \$12! Any previous school t-shirts are also acceptable for any class this session.

Just a reminder, students in the intermediate AND advanced levels are welcome to train in the "Intermediate+" class on Saturdays from 10:15-11:00a.

If you have not joined our Facebook group, please "like us" for the latest updates, pictures, etc... www.facebook.com/myataschool

Feel free to drop me an e-mail with your comments... n.zorn@myataschool.com or give me a call at 630-256-0566. Your ideas help make our school better!

Nick Zorn, 4th Degree Black Belt

School Owner, West of the Moon ATA



WORD OF THE CYCLE: LOYALTY

MEANING: "Being faithful to something or someone."

STUDENTS OF THE CYCLE

Tiny Tigers (Beg)	Xavier Justice
Tiny Tigers (Int)	Justin Korte
Beginner	Tim Ciochon
Intermediate	Molly Green
Advanced	Shea Dickinson
Black Belts	Meghan Joyce



FAST FACTS ABOUT BULLYING:

- It has been estimated that each day, 160,000 U.S. kids stay home from school for fear of being bullied.
- According to one Canadian study, teachers catch only 5 percent of bullying behaviors.
- In a study in Norway, 60 percent of middle school boys who were regularly bullied were convicted of at least one crime by the age of 25.
- **More than half the time, bullying stops within 10 seconds of a bystander stepping in.**

Read The Full Story...

www.ATALeadershipNOW.com

NEW STUDENT INFORMATION

BOWING

Bowing is a Korean way of showing respect. Students are expected to bow towards the flags before stepping onto or off of the workout floor.

UNIFORMS

All students are expected to wear their complete white uniform to class. Female students are required to wear a white t-shirt underneath their uniform top, and male students have the option of wearing a white t-shirt. No other color t-shirts may be worn underneath. School t-shirts and black workout pants may be worn in lieu of a uniform top for **FRIDAY** and **SATURDAY** classes only. **An exception to this rule is being allowed for this session.**



PATCHES

Students will receive an ATA patch to wear on the front of their uniform after their first testing. Shoulder program patches are available for \$5.00 at the front counter.

ATTENDANCE

Plan to arrive at least 10-15 minutes early to class so that you are ON-TIME for your class. **Students will not be allowed to enter a class if they are more than 15 minutes late. NO EXCEPTIONS!**

TESTING

We hold a rank testing every 10 weeks. Information about the testing is distributed 3-4 weeks prior to the testing date. Students should have attended a minimum of 18-20 classes to be eligible.

BLACK BELT "ATTITUDE CLIPS"

Students can earn these clips to be worn on their belts for demonstrating a black belt attitude. Twenty-five (25) clips may be traded for the next level "Victory Patch" to be worn on their uniform. Clips can be earned...

1. @ HOME

Bringing in a note card with 5 good deeds performed at home (to be filled out by parent)

2. @ SCHOOL

Bringing in good tests, quizzes and report cards

3. @ TAEKWONDO

Outstanding Taekwondo performance, great in-class attitude, etc. (instructor discretion)



World Championships

June 18-24, 2012

Both Mrs. Kennerly and Miss Olah made Top 10 and will be competing for world titles in their respective age/rank divisions. **We wish them both good luck!**

We'll Still Have Class!

	BASIC TIGERS	INT. TIGERS	BASIC	INTERMEDIATE	ADVANCED	BLACK BELTS
FORM	Songahm #3 First Half	Songahm #5 First Half	Songahm #3	Songahm #5	Choong Jung #1	Rank-Appropriate
LOW-RANK FORM	N/A	N/A	N/A	N/A	Songahm #5	Songahm #5
SPARRING	SA3 One-Step #1 & 2	SA5 Sparring Segment #1	SA3 One-Steps #1 & 2	SA5 Sparring Segments #1-2	Advanced Free-sparring	Advanced Free-sparring
SELF-DEFENSE	Bear Hug Front & Behind	Songahm #4 Self-Defense #1	Songahm #2 Self-Defense #1-2	Songahm #4 Self-Defense #1-2	Choong Jung #2 Self-Defense #1-2	Choong Jung #2 Self-Defense #1-2
BOARD BREAK	N/A	Ridgehand	Round Kick	Ridgehand	Side Kick	Rank-Appropriate
PROTECH WEAPONS	N/A	N/A	N/A	N/A	N/A	Mid-Range Jahng Bong

OSWEGO ATA - EVENTS CALENDAR

JUNE

SUN	MON	TUES	WED	THU	FRI	SAT
					1	2
3	4	5	6	7 <i>June Tuition Due!</i>	8	9
10	11 Summer Session Starts	12	13	14	15 Parent's Night Out	16 Dad & Kid Class
17 Father's Day & PrairieFest Parade	18	19	20	21	22	23 Kidz'n Power Safety Class
24	25	26	27	28	29	30

JULY

SUN	MON	TUES	WED	THU	FRI	SAT
1	2	3	4 4th of July NO CLASSES	5	6	7 <i>July Tuition Due!</i>
8	9	10	11	12	13 Parent's Night Out	14
15	16	17	18	19	20 Bo Staff Clinic 6-8p	21 <i>Indianapolis, IN Tournament</i>
22	23	24	25	26 Mrs. Kennerly's Birthday!	27	28 <i>Bloomington, IL Tournament</i> NO CLASSES
29	30	31				

AUGUST

SUN	MON	TUES	WED	THU	FRI	SAT
			1	2	3	4
5	6	7 <i>August Tuition Due!</i>	8	9 <i>Testing Sheets Due</i>	10 Make-up Testing	11
12	13	14	15	16	17	18 TESTING
19	20	21	22	23	24 Parent's Night Out	25
26	27	28	29	30	31	