

# West of the Moon ATA @ Oswego Junction

1061 Station Dr, Oswego, IL 60543 • 630-554-3009 • n.zorn@myataschool.com



Karate for Kids



## Weekly Class Schedule

EFFECTIVE 01/23/2012



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
JR/ADULT <b>Beginner</b> 5:00-5:45p	BEGINNER <b>Tiny Tigers</b> 5:00-5:30p	JR/ADULT <b>Beginner</b> 5:00 - 5:45p	BEGINNER <b>Tiny Tigers</b> 5:00-5:30p	JR/ADULT <b>Beginner</b> 5:00-5:45p	BEGINNER <b>Tiny Tigers</b> 9:00-9:30a
JR/ADULT <b>Advanced</b> 5:45-6:45p	INTERMEDIATE <b>Tiny Tigers</b> 5:30-6:15p	JR/ADULT <b>Advanced</b> 5:45-6:45p	INTERMEDIATE <b>Tiny Tigers</b> 5:30-6:15p	<b>Open Sparring</b> 5:45-6:15p	JR/ADULT <b>Beginner</b> 9:30-10:15a
JR/ADULT <b>Intermediate</b> 6:45-7:30p	JR/ADULT <b>Intermediate</b> 6:15-7:00p	JR/ADULT <b>Intermediate</b> 6:45-7:30p	JR/ADULT <b>Advanced</b> 6:15-7:15p	LEADERSHIP <b>Competition Team</b> 6:15-6:45p	ALL RANKS <b>Intermediate</b> 10:15-11:00a
ALL RANKS <b>X-FIT/Black Belts</b> 7:30-8:30p	JR/ADULT <b>Beginner</b> 7:00-7:45p	ALL RANKS <b>X-FIT/Black Belts</b> 7:30-8:30p	LEADERSHIP <b>Instructor Training</b> 7:15-8:00p		ALL RANKS <b>X-FIT/Black Belts</b> 11:00a-12:00p

**VISIT OUR WEB SITE: WWW.MYATASCHOOL.COM**

<b>Beg. Tiny Tigers</b>	Ages 4-7, White - Yellow
<b>Int. Tiny Tigers</b>	Ages 4-7, Camo+
<b>Beginner</b>	Ages 8+, White - Yellow
<b>Intermediate</b>	Ages 8+, Camo - Blue
<b>Advanced</b>	Ages 8+, Brown - 1BR
<b>Black Belts</b>	Black Belts Only
<b>Leadership</b>	Ages 8+, Leadership Program



**West of the Moon**

Student Web Site  
myataschool.com/student  
USERNAME: student  
PASSWORD: taekwondo

### Basic School Rules

- Please arrive AT LEAST 5 minutes early for class. **Students more than 15 minutes late will not be allowed into class**
- Uniforms should be cleaned, ironed & odor free
- Be respectful, do not interrupt the class ahead of yours
- Girls/Women must wear a plain white undershirt underneath dobok top (t-shirt optional for boys/men)
- Those that have it, bring sparring gear to every class