

Name: _____

Date: _____

Perseverance

There are 9 major life skills that we teach along with our forms, one-steps/sparring and self defense. They are Courtesy, Integrity, Goals, Honor, Self-control, Respect, Attitude, Loyalty and Perseverance. As you have worked your way to Purple belt, you have shown a lot of perseverance. What is perseverance? It means to persist, or continue, in spite of opposition or discouragement. In TaeKwonDo, as in life, it means to never give up. Sometimes learning a new form can seem impossible. If we give up, we will surely never learn it. But if we keep trying, persevering, we will succeed. Sometimes you need to have encouragement from others, and other times you need to talk to yourself about your struggles and find your way through them.

What are 3 ways that you can persevere in TaeKwonDo class?

1. _____
2. _____
3. _____ Ca

Do you think of other places where you might need to have perseverance?

What do you think will happen if you don't have perseverance in your life?

Please remember to turn this sheet in before testing. The things in life that are worth having are worth working hard to get.

Parent signature: _____