

Name: _____

Courtesy

There are 9 major life skills that we teach along with our forms, one-steps/sparring and self defense. They are Courtesy, Integrity, Goals, Honor, Self-control, Respect, Attitude, Loyalty and Perseverance. Any group works better when everyone is courteous. Congratulations on joining our TaeKwonDo family where being courteous is part of who we are. What is courtesy? The dictionary defines it as consideration and cooperation.

What are 3 ways we show courtesy in our martial arts training?

1. _____
2. _____
3. _____

Think of at least 3 ways we can show courtesy to others outside of TaeKwonDo.

1. _____
2. _____
3. _____

As you train this cycle keep in mind what courtesy is and how you can show this to others. Write down your ideas and be sure to turn this sheet in before testing. Keeping courtesy in mind will make you a better martial artist and a better person. If you need more room for ideas, use the back of this sheet.

Parent signature: _____