



# Bullying Prevention Seminars

**OPEN TO THE PUBLIC - SPACE IS LIMITED**



West of the Moon ATA  
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## ***“Agent G” Bullying Prevention***

**Saturday, April 13th**

**12:30 - 1:30p**

- Identifying bullying
- Avoiding “Hot Spots”
- Tactical breathing
- Maintaining distance
- Responding to insults
- Becoming a defender

## ***When Bullying Turns Violent***

**Saturday, April 20th**

**12:30 - 1:30p**

- When to protect yourself
- Escaping grabs
- Maintaining distance
- Basic ground defense
- Knuckle press
- Palm heel stop

**\$10 per seminar, \$20 for both**

**Bring a buddy and their parent to a seminar and take it for FREE**

**AGENT G PERMISSION SLIP**

SEMINARS YOU ARE ATTENDING - \$10.00/each, bring a buddy & their parent, take the seminar for <b>FREE</b>	
<input type="checkbox"/> 4/13 Agent G Bullying Prevention	<input type="checkbox"/> 4/20 When Bullying Turns Violent
NAMES OF CHILD AND PARENT ATTENDING - <i>If you are bringing a buddy, they must complete a <b>SEPARATE</b> permission slip</i>	
EMERGENCY CONTACT	EMERGENCY PHONE #
E-MAIL ADDRESS - <i>So we can notify you of future events at our school. Your contact information will NEVER be shared!</i>	

As part of the agreement in allowing me to participate in this Child Safety Training, I agree that the American Taekwondo Association® (including its officers, employees, agents, tournament organizers, and any other student), will not be responsible for my safety nor do any of these parties assume any responsibility as a guardian or fiduciary. This specifically means that no one listed in this paragraph or associated with American Taekwondo Association® will be held liable for any injury, death or other damages caused to me or to my family, descendants, heirs or anyone assuming any rights on my behalf, and I specifically waive any claim I may have against such persons or individuals.

As further consideration and as a basis for allowing me to participate in this Child Safety Training, I agree to assume any and all risk of harm, and I specifically agree to release the American Taekwondo Association® (including anyone connected with this event) as it relates to any damage, harm or injury that I might suffer, even if the event causing the damage, harm or injury was foreseeable or if such damage, harm or injury was created or caused by the negligent act of the parties I am releasing (this release will not apply to any intentional act). This agreement to hold harmless shall apply to any damage by me or my family, including my estate, heirs or any personal representatives in the event of my death for any damage, injury or harm that should occur by my participation in training related to participation in the American Taekwondo Association®.

OFFICE USE ONLY - PAID STAMP HERE

PARENT/GUARDIAN SIGNATURE & DATE